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A Beautiful Bike Ride with Woodcote

Year 5 in Woodcote, took part in Bikeability for two days.

By Rosie

On the 15th and 16th of October, most year 5 students in Woodcote Primary school brought their bikes into school to take part in Bikeability. They had the opportunity to get more confident on the roads and how to be safe on them. Year 5 had a lot of fun cycling in groups out on the roads and learnt a lot of new things.



On Wednesday the 15th of October, year 5 students went into school wearing their PE kits with their bikes as well. They went into their classroom like usual and did the register. Outside the classroom window was the Bikeability instructors called Gary M, Garry H, Derek, Ross and Stefan. They were doing the ABCD checks on their bikes, the ABCD checks is something to make sure their bikes are safe to ride. After they did that the students went to meet them and the instructors told them what they will be doing.



After meeting the instructors, they went on the playground and did some fun activities. We asked Maud (10 years old) if she learnt anything on the playground. “So, I learnt the different breaks and their names, such as a granny break.”



Once year 5 had finished their lunch, they did the ABCD checks on their bikes. We

got a quote from Jacob (10 years old) to see what he thought of the ABCD checks. “Well, it was quite confusing when they were talking about what the ABCD checks were.” After that, the students went in groups out onto quiet roads and did some U turns. At the end of the day, the Bikeability instructors gave the students their level one badges.

The next day first thing they went out on the busier roads, and we asked Oliver (10 years old) what he thought of the second time on the roads. “It was good but it sort of hurt my legs.” Every group went round the village different ways, but one group went partly in Crays Pond.

Once all the groups had went round the village they met each other at a junction. They all partnered up and had a go at crossing the junction together. Here is a quote from Sophie (9 years old) if she enjoyed the junction. “Yes, because I like putting my hand out and being the leader.”

At the end of that day, they all got their level two Bikeability badges, and got a well done from the instructors for taking part in it. The next school day in the school’s sharing assembly they each got given a Bikeability certificate.