

Week Three Menu

Served Weeks Commencing:
17th June, 08th July, 02nd Sept,
23rd Sept, 14th Oct



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Ham Cheese & Tomato Pizza With Potatoes wedges, Carrots & Broccoli	Sausage & Tomato Pasta Carrots & Swede	Roast Chicken & Gravy With Roast Potatoes, Green Beans & carrots	Cottage Pie With Sweetcorn & Cabbage	Fish Fingers With Chips, Peas & Baked Beans
VEGETARIAN	Cheese & Tomato Pizza With Potatoes wedges, Carrots & Broccoli	Roast Vegetable Frittata Carrots & Swede	Roasted Quorn fillet & Gravy With Roast Potatoes, Green Beans & carrots	Vegetable cottage Pie with sweetcorn & Cabbage	Vegetable Fingers With Chips, Peas & Baked Beans
JACKET POTATO / PASTA DISH	Jacket Potato with a choice of either filling Tuna Mayonnaise Cheddar Cheese Baked Beans or cheese beans or Pasta with Tomato & Basil Sauce	Jacket Potato with a choice of either filling Tuna Mayonnaise Cheddar Cheese Baked Beans or cheese beans or Pasta with Tomato & Basil Sauce	Jacket Potato with a choice of either filling Tuna Mayonnaise Cheddar Cheese Baked Beans or cheese beans or Pasta with Tomato & Basil Sauce	Jacket Potato with a choice of either filling Tuna Mayonnaise Cheddar Cheese Baked Beans or cheese beans or Pasta with Tomato & Basil Sauce	Jacket Potato with a choice of either filling Tuna Mayonnaise Cheddar Cheese Baked Beans or cheese beans or Pasta with Tomato & Basil Sauce
SANDWICH	Sandwich with your choice of Tuna Mayonnaise Cheddar Cheese, Ham, Egg Mayonnaise or Marmite	Sandwich with your choice of Tuna Mayonnaise Cheddar Cheese, Ham, Egg Mayonnaise or Marmite	Sandwich with your choice of Tuna Mayonnaise Cheddar Cheese, Ham, Egg Mayonnaise or Marmite	Sandwich with your choice of Tuna Mayonnaise Cheddar Cheese, Ham, Egg Mayonnaise or Marmite	Sandwich with your choice of Tuna Mayonnaise Cheddar Cheese, Ham, Egg Mayonnaise or Marmite
DESSERTS	Chocolate Sponge & Custard	Oaty Cinnamon Cookie & Banana	Banana Muffin & Orange Slices	Chocolate Orange Shortbread & Fresh Apple Slices	Fruity Friday

AVAILABLE DAILY:

Choice of Wholemeal Bread, Salad Bar, Water, Fresh Fruit, Fruit Yoghurt.





MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

